T.S.Johnson Speaker Sheet



Takisha S. Johnson

Sneaker. Facilitator, Life and Business Empowerment Coach

Reclaim your power & Empower your Future

info@championyourscars.com 12691224-2858









Speaking Topics

Removing the Negative Imprint

This offering helps individuals to:

- Address the trauma of the past
- Change their narrative from victim to victor
- Reclaim their power to press toward the purpose of their pain

The Profile of a Champion

This offering helps individuals to:

- Live healed, don't just talk about it
- Break the chains of unforgiveness
- Feel worthy of the self care needed to reach your highest potential

Empowered Youth Advocacy

This offering helps individuals to:

- Support Youth Voice
- **Empower Youth Success**
- Focus on your WHY and for Whom

*Other Topics available upon request









Bio

Takisha S. Johnson was born and raised in Chicago, IL and has also traveled to many destinations around the world. She is an entrepreneur owning multiple businesses and is a nonprofit founder. She holds a Master's Degree in Psychology and is both a Master Certified life and professional coach and Kolbe Certified Coach.

Takisha is the Champion of the scars in her life, having overcome sexual abuse, domestic abuse and many other scars of her past. She has allowed nothing to deflate her purpose and has mastered the art of letting go. She speaks from a place of empathy and can connect with anyone who is ready to make change. It won't always be easy, but it will always be worth it.

Are you ready to Champion Your Scars?

Just as a Phoenix rises from the flames of what was meant to destroy it, so can we.

-T.S.Johnson

Buy The Book!

A personal workbook that walks you through the process Takisha has taken to remove the negative imprint of her abuse. Using the stages of grief as a guide, she walks you through the process of letting the old victim die and champion rise.



Offerings and Rate Information

1 hour Workshop

Includes a 15 minute intro, 30 minute lecture and 15 minute 0&A

Keynote address

Includes intro, up to an hour of lecture , up to an hour 0 & A and possible meet and greet

Keynote Address items up to 5 hours

Full day sem Any combination of 1 hour workshops or

Any combination of 1-hour workshops or Keynote Address items up to 8 hours